



The  
**Falkland  
Islands  
Company**

# **Environmental and Safety Solutions**

# **Manikin Cleaning Policy**

## Manikin Cleaning Policy

### Purpose

1 To prevent the spread of infection through manikin practice.

2 To provide an aesthetically acceptable piece of equipment for student practice.

Is it the responsibility of the lead instructor for each course to ensure that all manikins and manikin mouth/nose and faces are clean before and after use. Disposable gloves are to be worn during the cleaning process.

### Manikin Hygiene

Trainees must be assured and feel confident that the resuscitation manikin which they are about to use are clean. Instructors will make provision for the cleaning of manikins before and after training and between trainees (if required) following the manufacturer's recommendations. Each manikin has a unique identification number and there is a record kept when each manikin is cleaned after use and before storage if not in regular use.

### Manikin Maintenance

Instructors and whoever maintains the manikins will thoroughly follow the manufacturer's recommendations and provisions for the hygienic use, maintenance, and storage. This includes ensuring that the equipment is in good condition, replacing consumable and defective items (as necessary).

### Disposal Techniques

All disposable lung bags, wipes, tissues, and gloves are disposed of via the centre clinical waste system.

### Laerdal Manikin's

Cleaning instructions as per manufacturer's guidelines. (See attached)

- The face and the body skin can be cleaned in the same manner.
- If the manikin becomes dirty, clean with a mixture of soap and water.
- If the manikin is extremely dirty, use a common household cleaner. It is recommended that the use of these cleaners be done cautiously with minimum amount of abrasion to ensure life of the skin.
- The face skin may also be sanitized with alcohol wipes which is antiseptic with 70% isopropyl alcohol or soaked in a solution of ¼ cup of bleach mixed with one gallon of water for 10 minutes.
- The upper chest foam and skin needs to be wiped in the same way in order to sanitize the inside of the manikin.
- Between students the faces can be cleaned with an alcohol wipe as an extra measure of safety.

Use of face shields, one per student is required during CPR training.

### Before Teaching Session

- If manikins are visibly dirty, clean with soap and water and dry thoroughly with a paper towel.
- Wipe the face skin with an alcohol wipe and dry with a clean paper towel.
- Insert new face shield lung bag.
- If manikins are left exposed before teaching session faces will be covered using an alcohol wipe to prevent air borne contamination.

### During Teaching Session/In-Between Students

- Instructors and students to practice good hygiene especially post breaks and bathroom use. As an extra measure alcohol-based hand gel is available to decontaminate hands.
- If more than one person is required to use the manikin in a session face shield lung bags need to be changed.
- Face and chest skin needs to be sanitized so must be wiped with alcohol wipe, left for 30 seconds then dried with a clean paper towel.
- During 2-rescuer CPR practice, the second student should simulate ventilation.

### Monitoring and Review

This policy and its procedures will be reviewed regularly for improvements as part of our Quality Assurance requirements. This will ensure it is fit for purpose, reflects the services we deliver to our customers and we provide services which are relevant to the requirements of individual needs.